

FEMININITY LONGEVITY CONNECTION



# Femininity & Ancient Wisdom

3 DAYS WORKSHOPS FOR  
AWAKENING WOMEN JOURNEY

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The feminine principles is a beautiful in all its manifestations: in the form of skilled geisha; in the image of the White Tigress - forever young and warlike; quivering mistress; faithful and loving wife; the guardians of the hearth - a tender mother, a sensitive loving daughter and sister.

This seminars will guide you to discover a true potential of your sacred feminity power.

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OUR STORY

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After over 10 years of my own conscious journey into self awareness through various practices with my body, health, spirit, physical and mental energy, I was honoured to meet my first real Yin Guru, an extraordinary teacher who showed me through practical methods how to take care of my sacred femininity. Marina is truly a living legend, proving the methods with long-term effects and all it comes from her 71 years old experience, or even longer I would say:)

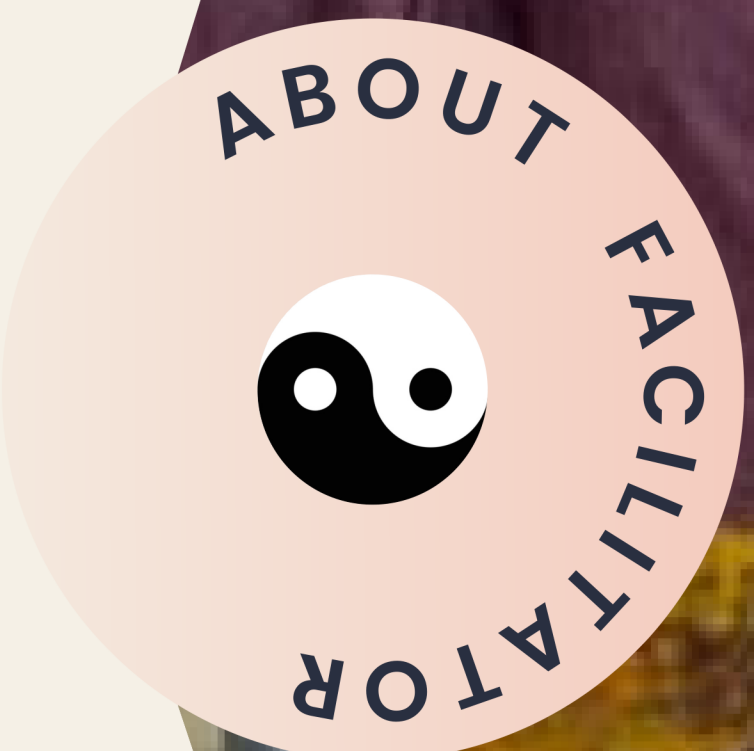
She raised her 12 children with her husband Colin, without help, working all the time. She is now 71 years old but her energy and sparkle in eyes reminds the beautiful 20 years old girl. I had the great chance to work with her in Thailand, where I learned the secrets of healing love and sexual energy that gives vitality and joy on every day basis.

I feel that her ancient wisdom is extremely valuable for every women, but unfortunately not commonly available, especially in the West. I feel a strong calling to invite Marina to Poland to meet in beautiful women circle of a maximum of 30 women to connect together with our physical and mental energy. She comes especially for us from Thailand with a great wealth of information and is willing to share her amazing life knowledge and teach us a practical methods to benefits from our sacred femininity power that We All Women have.

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With Lov,e Agata Banaszek





# Marina Dodashneva-Drown

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Mother of 12 children, midwife with experience of 3,000 ocean births and home water births, student of Igor Charkovsky (father of water births), student of Mantak Chia (Qigong master), yogi, shamanic.

Together with her husband, Colin Drown, Marina works at the Dao Mantak Chia center in Chiang Mai (Chi Kung, Healing Love, swimming with newborns, baby yoga, dynamic exercises, rebirth for all ages).

Marina has more than 30 years teaching tantric solo and couple practices, leading women and their partners through deep experience of immersion in the subtle world of sexuality. Marina has a university degree in literature, philology and journalism. SHE has worked as an associate professor at the university, as well as a consultant, journalist, dance teacher, yoga instructor, kindergarten educator.





## PROGRAM OUTLINE

**8.09.2023, FRIDAY, 18-21 (FOR WOMEN AND MEN)**

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**SEMINAR 1; HEALTHY MULTIORGASMIC AND A LIFE OF JOY. SEXUALITY, ENERGY AND RELATIONSHIPS**

- Introduction to Healing Love - the sexuality as an energy of nourishment for ourselves, body, mind and spirit.
- Sexual Reflexology, WuChi, Sexual Healing Prayer.
- Microcosmic Orbit; InnerSmile and 6 Healings sounds (Practice)

**9.09.2023, SATURDAY, 10-18 (FOR WOMEN ONLY)**

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**SEMINAR 2; HEALING LOVE. INTIMATE APPROACH TO PSYCHOLOGY AND ENERGY OF FEMALE AND MALE SEXUALITY.**

- Yoni & Phallus. Immense possibilities of your attractiveness.
- Healing practices to delay menopause, prevent hormonal disorder, increase libido, transform sexual energy to keep youth longer (yoni egg, qi gong, tao yin yoga)
- Rebirthing Breathwork Session - The power and energy of our own breath to heal past traumas, freeing from blocks and fear.

**10.09.2023, SUNDAY, 10-18 (FOR WOMEN ONLY)**

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**SEMINAR 3; MAMA'S WOMB WISDOM. MULTIORGASMIC PREGNANCY. WATER BIRTH. ORGASMIC AND SPIRITUAL EXPERIENCE.**

- How to prepare to natural birth. How to take care of pregnancy. How to take care of kid and yourself after pregnancy with awareness, joy and strenght.





**FOR WHOM ?**

**ANY WOMEN**



**ANY AGE  
ANY SEXUAL PREFERENCE**

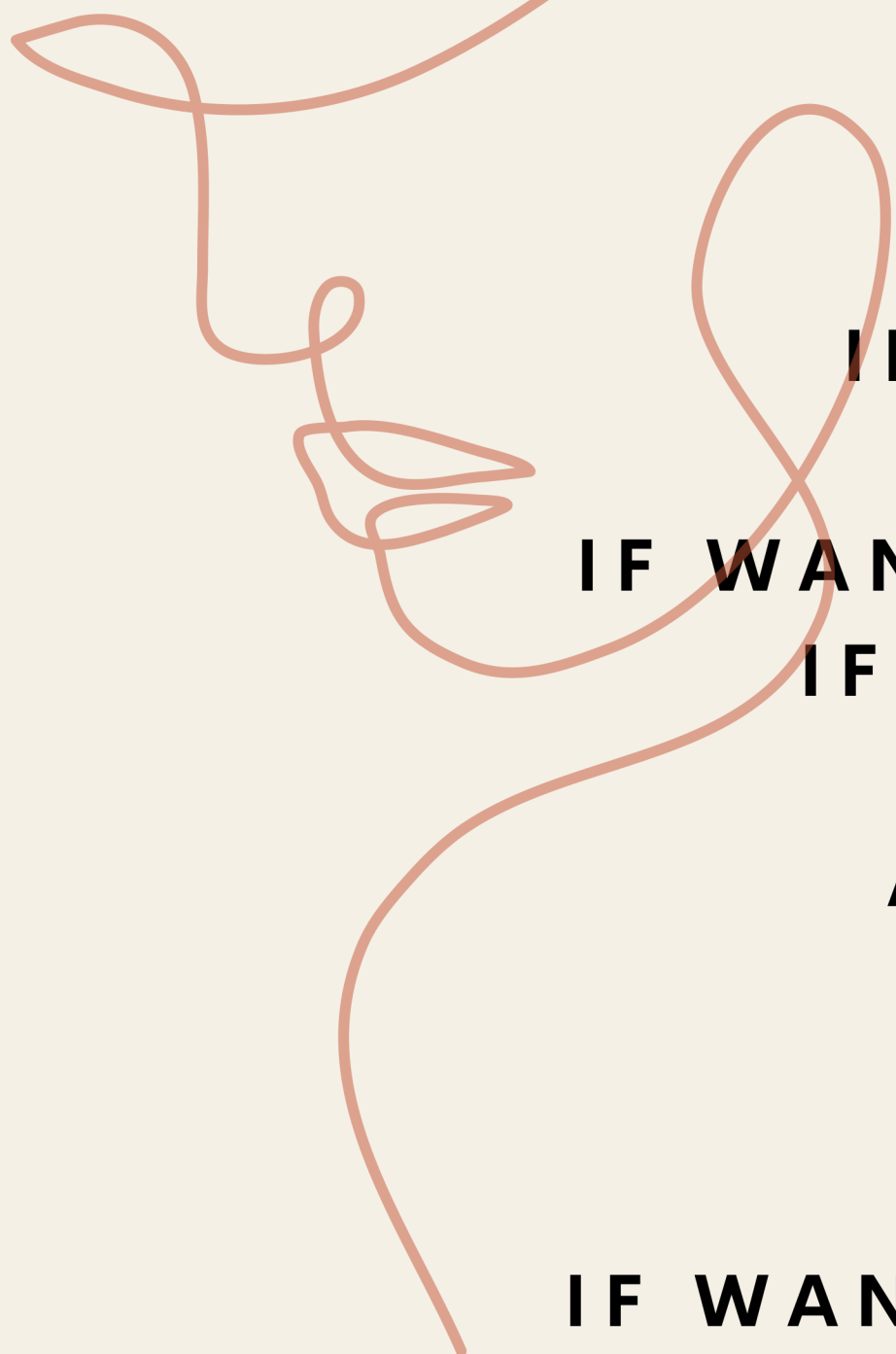
**ANY SHAPE  
ANY COLOUR  
ANY EXPERIENCE**

**FOR MUM  
FOR DAUGHTER  
FOR SISTER  
FOR DOULA  
FOR PREGNANT  
FOR VARGIN**

**IF CURIOUS & SEARCHING  
IF STABLE AND KNOW  
IF WANNA TO DEEPER HER FEMINITY  
IF WANNA TO LEARN TRICK  
IF KEEN TO SHARE  
AND READY TO RECEIVE**

**IF SEEKING JOY  
IF MISSING YOUGHT  
IF WANNA CONNECT  
IF WANNA SHARE WITH SISTERHOOD**

**LOVE  
JOY  
HAPPINESS**







# INVESTMENT IN YOUR WELL-BEING

## WHEN/WHERE;

8-10 WRZESIEN 2023

SANKALPA YOGA I DZWIEK

ul. Zygmunta Noskowskiego 22, 61-705 Poznan

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## SIGN UP;

FEMALE2023@GMAIL.COM LUB +85261501499 (AGATA)

KONTAKT@SANKALPA.PL LUB TEL.+48509123135(CECYLIA)

\*Language; English with Polish translation if requested

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## PRICE;

\*Early Queen Bee Price ( till 8.06.2023) -----> 860PLN

10% off if you make the action immediately after you feel it :)

REGULAR SINGLE (8.06-8.08.2023) --->960PLN

SIGN UP WITH A SISTER FRIEND AT  
INCREDIBLE PRICE FOR 2 ----->890PLN EACH

DROP IN FOR PARTNERS (FRIDAY ONLY)---->160PLN

EXTRA COSTS IF DONT HAVE YET;  
YONIEGG&BAMBOO BEATER -----> 120PLN

\*Guarantined Reservation with upfront 50% payment

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## PAYMENT OPTIONS;

Direct Bank Transfer; Agata Banaszek 65291000060000000002215950

Pay in Cash - Sankalpa

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